

## Goals

To emphasize the importance of the relationship with peers, teachers, staff, and other adults by:

learning to share with others and work in a group setting

showing respect for other children and adults

feeling the care and acceptance from his/her peers

To focus on a healthy self-image, a sense of worth and the security a child needs by:

promoting his/her creativity and self-expression

developing his/her self-reliance and self-confidence

experiencing self-discipline and independence

To prepare each child for future learning experiences -- socially, cognitively, emotionally, physically and spiritually by:

making a successful transition from home to school

developing an interest and joy for learning

learning through his/her senses while participating in developmentally appropriate activities

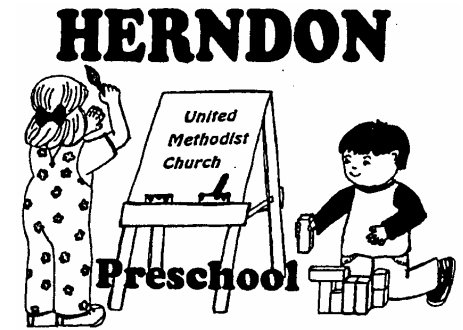
To experience the environment around him/her and to better understand his/her place in it by:

feeling success through achievements in an atmosphere of faith, hope and love

honoring the many cultures our Preschool welcomes

discovering the sense of community that our Preschool represents

HUMC Preschool  
701 Bennett Street  
Herndon, VA 20170



**An outreach of Herndon United  
Methodist Church**

**Ages 3 to 5 years**

**2, 3, 4 and 5 Half Day Sessions**

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## Philosophy

A preschool child develops in many ways, including physically, socially, cognitively, emotionally and spiritually. At Herndon United Methodist Church Preschool, the goal is to provide a warm, nurturing environment, giving each child the room, guidance and encouragement to develop confidence through active participation in carefully designed learning activities. There will be opportunities to play and learn; to be curious creatively; and to feel success through achievement in an atmosphere of faith, hope, and love.

## Professional Staff

Staff members are carefully selected for their previous teaching experience, early childhood education background, and dedication to the special needs of the young child.

## Parent Participation

Parents are encouraged to participate in the child's preschool experience. The staff looks forward to developing a partnership with parents to create unity and continuity in the child's life. We welcome all parents to become involved with our Preschool Parent Association (PPA). The PPA plans many special events and fundraisers for our preschool.

## Program

HUMC Preschool welcomes 3-5 year old children (toilet trained) without regard to race, color, creed, or religion.

### Hours: 9:00 AM—12:30 PM

- **Options for 4 and 5 year olds:**  
(4 yr. olds-must be 4 by September 30th of the current school year)
- 5 mornings M-F
- 4 mornings Tu-F
- 3 mornings M,W,F
- **Options for 3 year olds:**  
(3 yr. olds-must be 3 by September 30th of the current school year)
- 3 mornings M,W,F
- 2 mornings Tu,Th
- **Options for young 3 year olds:**  
(must be 3 by December 31 of the current school year.)
- 2 mornings Tu,Th

## School Year

HUMC Preschool operates from September through May and generally follows the Fairfax County Public School calendar for holidays and teacher workdays.

## Curriculum

A great variety of creative, developmentally appropriate activities are planned and implemented in a safe, stimulating, and nurturing environment. Teachers individualize their classroom curriculum to the age group and special needs of their students.

## Typical Daily Activities

**Circle time** – Pledge of Allegiance, calendar, weather, songs, sharing, stories, classroom jobs, discussion of theme.

**Centers**—blocks, manipulatives, dramatic play, quiet area for reading, writing, easel painting, sensory table, science, music, listening, art, etc.

**Daily Project**—small group or one-to-one theme related activity to develop fine-motor, language and cognitive skills.

**Fitness Fun**—monthly session with fitness teacher emphasizes non-competitive gross motor movement activities that reinforce listening skills and cooperative play.

**\*Snack time**—each child shares in the fun of being the “snack passer” when it is his/her turn to provide the class with snack.

**Playground** – or indoor activity room play when the weather does not permit.

**Music** – weekly session with special music teacher, songs, rhythm instruments, etc.

**Story time** – monthly stories with the church staff held in the Sanctuary.

\*Children with food allergies requiring an EpiPen must provide their own snack.