

Herndon United Methodist Church

September, 2004

From The Pastor

My Dear Herndon Church Family,

I thank God for you and the loving way you bid farewell to Pastor Brad and Pastor Jannette, and the warm way you welcomed Justin and me. Such transitions are always challenging for both congregations and clergy. When they are done well, with ample time for laity and pastors to openly talk and share feelings with one another, change is handled much better by everyone. I am especially grateful for the excellent way Brad, Jannette and the members of Staff-Parish paved the way for Justin and me. They did it right!

Back in May, one of the important ways I prepared to serve as your Senior Pastor was to attend an Alban Institute seminar in Orlando, Florida entitled "Senior Pastor Startup: Managing the Large Church." Since I was moving up from a mid-size to a large church, I felt I needed to go back to school to get reacquainted with the leadership requirements for a large church pastor. Among many things, I learned that I have to accomplish tasks through other people. In other words, I can't do everything myself!

Perhaps my most important lesson had to do with the importance of focusing my ministry during my first year. What are my two most important roles? To be a historian (get to know the church by finding out what the people think of the significant accomplishments of the church during previous pastorates) and to be a lover (generously give my Christian love and care to others).

So, as you and I continue through these initial weeks and months of our new relationship, let us share together our thanks for how God has worked among us, and our hopes for how God will continue to shape us in the future. Thanks be to God!



Herndon Free Clinic

The HFC will be doing school physicals for children of uninsured low-income families 3 times this month and then twice a month for the rest of the year. Some of these families have very little. We are in need of toothpaste and brushes to give to these children. We also need school supplies. There is a container in the narthex for your donation.

If you want to volunteer please call the clinic voicemail at 703-481-8160. Leave your name and number and someone will call you to schedule orientation. If you want to provide dinner for the volunteers call Joy Reed at 703-437-7584 and I can tell you which dates we need food.

Doorway Class

We would like to invite you to our next Doorway Class. This is a wonderful chance for newcomers to get acclimated to Herndon UMC.

The classes will be on Wednesdays, from 6:30 -- 8 p.m. in the Activity Room. The dates are:

September 15

September 22

September 29

October 6

We invite all Doorway Class members to be the guests of HUMC at our Wednesday Night Fellowship Dinners during the 4 weeks of class.

Contact Anne Harrison with questions or to sign up for these fun and informative classes.

Hospitality Team

We all enjoy the refreshments between the 9 a.m. and 10:30 a.m. services. We have a wonderful team who coordinates, serves and clean up afterwards. Would you like to be part of this team? TEAM MEMBERS DO NOT HAVE VOLUNTEER EVERY WEEK. If you are interested see Anne.



Building Update

The final permits and approvals are soon to be completed, allowing the groundwork to begin in September! The first phase will include changes with the parking area, therefore please be aware of blocked areas. Sunday parking will probably require use of the high school. Thanks for your cooperation during our "growing pains!" We will try to keep you updated as information arrives. Please call with any questions.

Karen Walker for the Building Committee

The Season after Pentecost, Ordinary Time

The Season after Pentecost, also called Ordinary Time, begins the day after Pentecost and ends the day before the First Sunday of Advent. Unlike other seasons of the Christian year, the various scripture lessons, Old Testament, Epistle and Gospel, that comprise the church's lectionary, are not interrelated. Old Testament and Epistle lessons are semi-continuous readings so that worshippers may encounter ongoing stories of famous people of faith such as prophets and various leaders of the early church. Gospel lessons cover Jesus' teaching ministry and tend to center on the theme of the kingdom and reign of God. Paraments, stoles, and banners may show a variety of color, texture, and symbols. Their basic color is green, symbolizing growth in Christ.

Stephen Ministry Corner

We are now back from our summer schedules and vacations. And it is great to see everyone back! We want to remind the congregation that Stephen Ministry is always available to assist with any crises, however minor or significant. We are the HUMC one-to-one caring lay ministry. We are trained and we are only a phone call away.

We are looking forward to some new opportunities for our ministry. We are currently planning for the new year to become more visible and hopefully more integrated into the congregation's regular church lives. Look for us to be available on Sunday mornings to pray with anyone who desires a quiet prayer with a care giving lay minister.

We also hope to start visiting congregation members (or anyone identified by a congregation member) in the hospital or in a retirement center or an assisted care center. We are also open to suggestions from you, the HUMC congregation, for areas that Stephen Ministry can help.

We are your Stephen Ministry, please allow us to assist you in any way we can. Please contact Shawn Boynton (703-481-1132) or Pastor Justin White (at the church office) for any questions, comments, suggestions, or information related to Stephen Ministry. Our thoughts and prayers are with you always.

God Bless,

Shawn Boynton, Stephen Ministry Leader

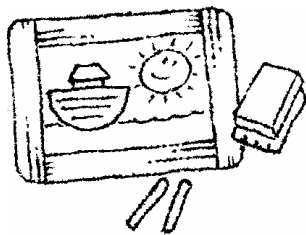


Recycle

Help save our environment. Remember to recycle glass, plastic and metal containers. There is a special container in the kitchen for these items.

LINK "Love Boxes"

A group called "Love Boxes" is looking for volunteers to help wrap shoe boxes to be distributed to needy children at Christmas. Last year, LINK received 750 boxes from this group (items in boxes include toys, personal care items and a brochure about Christianity) to distribute at Christmas. Each box has items totaling about \$50 inside. The group is located in Ashburn and will be wrapping boxes on Tuesday and Thursday nights starting in September. You can also pick up boxes and wrapping paper from the group and do them at home. For information and/or to sign up to help, contact Eileen Murry at (703) 444-5468.



Sunday School Kickoff

Sunday classes for Twos through Senior High will resume again on Sunday, September 12 at 9 a.m. We will need parents to complete new registration forms for the 2004-2005 school year. If you have any questions please call or see Anne.

Acolytes wanted!

All 3rd through 12th graders are encouraged to join us in becoming acolytes for the upcoming year. This is a wonderful way to serve our church and requires very little extra time. All **new** acolytes are required to attend a one-hour training session. You may choose to join us on Thursday, September 30 at 7:00, or Sunday, October 3 at 11:45. If you are interested, complete an acolyte registration form, found on the kiosk in the narthex, and return it to the church office by Sunday, September 26th. For additional information, call Gayle McNeill at 703 437-6596.

A Happy Return

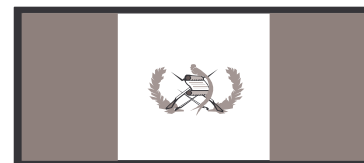
Notes from the Guatemala VIM Team 2004

This is the second year that Herndon UMC has sent a Volunteer-in-Mission(VIM) team to Guatemala with the Highland Support Project. The mission to Guatemala centers on building wood-burning cook stoves in Mayan homes in the Guatemala Highlands. Building stoves in Guatemala is a positive, practical mission because it directly and immediately improves people's lives. These stoves replace open wood fires in each home that fill the house with smoke. As you can imagine, the smoke in the homes has a terrible effect on the health of all family members.

Removing the smoke through the chimney that we build helps to solve this health issue for the family. The stoves are more efficient for cooking than open fires so the women use less wood and have more time for other activities. And to cap off the project, we plant seedling trees in the forest to help sustain the supply of wood for the villages. This is not a short-term give away, but a long-range empowerment of the people (and particularly the women) of these Highland villages.

This year our team consisted of 19 people, and we built 13 stoves and planted 120 trees. As important as the stoves are, it is the interaction with people that provides the spiritual impact. As we got to know so many villagers, and saw the looks on their faces, our lives were changed as well. We hope that by going to Guatemala we served as positive ambassadors of America and especially Herndon UMC.

The members of the VIM team thank all of you at Herndon UMC for your financial support and your prayers for our safety and success. May God continue to richly bless you!



Guatemala

(Graphic 3)

Your Parish Nurse Needs

In 2003 I completed my Parish Nurse training and received my PN certificate. Here is some information about Parish Nursing:

- ❖ A Parish Nurse receives her certificate from the American Nursing Association---it is an interfaith, independent, wholistic practice within a congregation
- ❖ The focus is on health promotion and disease prevention—**not** hands on care
- ❖ Each PN defines her scope of care and writes her own job description with the help of her pastor and a health care ministry (if it exists); also stating how many hours a week she will serve
- ❖ Each PN must believe in ‘wholistic’ ministry; mind, body, spirit
- ❖ Phoebe is the first nurse mentioned in the Bible; Romans 16: 1-2
- ❖ Rev. Granger Westberg a Lutheran Chaplain started Parish Nursing in the US. (author of the Good Grief books that the Prayer/Care Ministry is now giving to those experiencing grief),
- ❖ By 1984 Rev. Westberg had trained six PN’s for six churches in the Midwest
- ❖ Any RN with a minimum of 3 years professional experience, who demonstrates effective written communication skills and has references attesting to spiritual maturity may qualify to apply to a school of parish nursing; BSN recommended but not required
- ❖ Shenandoah U., George Mason U. and Wesley Seminary offer PN programs
- ❖ PN’s should focus on prayer, education and assessment
- ❖ Each PN must figure out where she fits within her congregation’s administration and needs to base her ministry on what the members of the congregation needs

- ❖ This congregation is ‘large’ and may need a PN working with other nurses, health care professionals and laity who have a need or call to CARE (**I need lots of help!**)
- ❖ It is a joy to serve as a nurse in this way—may God continue to offer support to this ministry
Serving Christ,
Levenia Kibler, RN, PN

Health Care Workers

I hope that there are members of the Health Care Profession who are also members of this church who would like to share their knowledge and expertise with their Christian brothers and sisters. As Parish Nurse I would love to be able to call, email or talk with you about aspects of health care that will help one or more of our members.

If you are an RN, LPN, C.N.A., OT, PT, SW, Dr, Dietitian, Nutritionist, NP, PA, Psychologist, Massage/Touch Therapist, ST, or any one of many other professions not thought of or mentioned and would allow me to ‘call on you’ for help/advice, I would like to ‘be in touch with you’. Look for a sheet on the kiosk asking for your name, phone number, address, email address, current work situation, etc. Or email me at levenia@verizon.net.

Let’s continue Christ’s healing ministry together at HUMC!



Youth Group Kickoff

Join us at 5PM Sunday, September 12 for a potluck dinner. All 7th-12 graders and parents are urged to attend to learn about the 2004-05 youth group program. Each family is asked to bring a large salad, side dish or dessert to share. We provide the bbq, rolls, beverages and paper products/cutlery.

**What is God Doing Today?
Take a Look!
An update from Commitment
Ministries**

May grace and peace be with you as we begin another school year, and another busy and fulfilling year at Herndon UMC! We would like to take a moment to invite you to look around at the vast and varied ministries our church offers, and how God is working through us to build the kingdom.

This month, our Sunday school and youth groups will start up again. You can see how our educational and fellowship programs are aimed at sharing God's love with literally hundreds of children and youth. Take a look at all the adult Bible studies and discussion groups that we have planned so that people of all ages can grow in their faith and walk with Christ.

We are in mission together both locally and throughout the world. We're planning wonderful worship services and fellowship events. We are reaching out to our community to make disciples of Christ, and we're caring for and supporting our congregation as the body of Christ is called to do.

So what does all that have to do with Commitment Ministries? It's actually pretty simple. It is your commitment of time, talents, and gifts that make all our ministries possible. It is your willingness to invite God into your hearts in order to work through you that makes H.U.M.C. happen!

And we want to keep it all going! So far, we have received roughly half the "Intent to Give" cards that we did last year. As far as the cards are concerned, this puts us about halfway to our \$1 million goal. If you haven't filled out an "Intent to Give" card, please do so as soon as you can. We need to make sure that we have the resources to do the Lord's work!

Ushers, We Need Your Input

The significant amount of transition in our church right now has prompted this opportunity for all of us become a little more organized. As ushers (servants of the congregation and church staff) we can be good examples of how to do this. Over the past year we have lost our coordinators for the 10:30 a.m. Sunday service and the 5:30 p.m. Saturday service. So now is as good a time as any to get more involved with all the ushers from all the services.

To start down path, I am requesting that all the ushers for the 10:30 and 5:30 services fill out the schedule that will be on the usher stand identifying when they normally usher (ie: what month or what week). I am also asking for anyone who wishes, to volunteer as a coordinator for either service. For those who usher at 9:00, I am requesting that write your names on that listing on the usher stand. And for any of you who wish to get involved with ushering at any service, there will be a sign up sheet for you also.

This is a great time for us all to chip in as our church continues to move forward. Please continue to serve our church and complete which ever usher listing applies. This small amount of effort will go a long way to helping me and our staff improve our organization.

God Bless,
Shawn Boynton

Children's Programming Ministry

We are very excited about plans being made for the upcoming year for our children! Here are some events taking place during the next couple of months. Sunday School will kickoff on September 12. Our theme for this year is "Love Your Neighbor." On Sunday, September 26, from 2:00-4:30, we will have a Disciple Walk where the children will get to "meet" and learn about the 12 Disciples. Children's Sabbath will be held on Sunday, October 17. The third graders will receive their Bibles on that day and will take "A Trip Through the Bible" that afternoon. Finally, on October 26 from 4:00-6:00 we will host a Pumpkin Party. We need lots of help with this so if you are interested in helping, please let Anne or Tim Grapes know.

(Graphic 4)

Helping Hands

Can you provide a meal for someone who is recovering from surgery or who has had a new baby? Can you drive someone to a medical appointment? If so, we need you. Application forms are on the bulletin board down the hall from the church office. Please return the form to me. Just put my name on it and put it in the Naomi Ruth Circle mailbox in the church office. Or you can call me for more information. Joy Reed at 703-437-7584.

Healing Service Being Planned

As we once again come to the remembrance of September 11th, 2001 in our nation and as we remember and grieve personal losses, the Prayer/Care Ministries of HUMC is planning a Healing Service during the regular worship services the weekend of September 11th/12th. We would like to share with you how the United Methodist Church views a Healing Service in today's worship setting. The following excerpts are taken from the UMC Book Of Worship

--Scripture strongly affirms ministries of spiritual healing. The root of the word *healing* in Greek is the same as that of *salvation* and *wholeness*. Spiritual healing is God's work of offering persons balance, harmony, and wholeness of body, mind, spirit, and relationships through confession, forgiveness and reconciliation. The New Testament records that Jesus himself healed the estranged and sick and sent out his disciples on ministries of healing. James (5:14-16a) calls us also to pray for and anoint the sick, that they may be healed.

-- All healing is of God. The Church's healing ministry in no way detracts from the gifts God gives through medicine. It is no substitute for either medicine or the proper care of one's health. Rather, it adds to our total resources for wholeness.

--Healing is not magic, but underlying it is the great mystery of God's love. Those who minister spiritual healing are channels of God's love.

--God does not promise that we shall be spared suffering but does promise to be with us in our suffering. Likewise, God does not promise that we will be cured of all illnesses; and we all must face the inevitability of death. A Service of Healing is not necessarily a service of curing, but it provides an atmosphere in which healing can happen. The greatest healing of all is the reunion or reconciliation of a human being with God. For the Christian the basic purpose of spiritual healing is to renew and strengthen one's relationship with the living Christ.

During this Healing Service, you will be given the opportunity to be anointed with oil and to pray at the communion rail, alone or with one of our pastors. Please join us for this special service and allow God to work in your heart and heal and renew His relationship with you.

Meet the Disciples

On Sunday, September 26 all of our children AND parents are invited to a special learning event at HUMC. Join us from 2p.m.-4:30 p.m. and learn about Jesus and EACH of His 12 Disciples. We will have a skit "Jesus Calls His Disciples," crafts, music and refreshments while we learn about the lives and ministry of Jesus Disciples. Questions-see or call Anne.

Join Your HUMC Family For a Special Labor Day Weekend Sunday

On Sunday, September 5, we will have only
ONE Worship Service* at
10 a.m. with our very own
Circuit Riders.

Following the Worship Service, we will have
a Potluck Lunch. Each family is asked
to bring one main dish and one side dish,
salad or dessert to share.

Beverages, paper products and cutlery
will be provided.

*Nursery care is available
during the 10 a.m. service.

The Senior High Youth Covenant Group Studies James

We will start the year with a study of James and discuss how this New Testament book relates to our everyday lives. Please hold Monday evenings open and plan to join us at our ice cream social opening event on September 27. Details to follow, but you may also contact Lorraine Lappan at 703-435-5459 (lmlappan@cox.net) or Janice Coon (janicecoon@cox.net) for more information.

Profile in Faith

Ruby Wheeler

Ruby and Joseph Wheeler with their two young daughters, Sharon age 7 and Linda age 5, moved into their new home on Station Street in Herndon on March 5, 1955. Two months later in May of 1955, they had their membership transferred to Herndon Methodist Church on Spring Street. They welcomed their third child, Billy, in November of 1956, and have lived at 901 Station Street for the past 49 years.

Herndon Methodist Church has been important in their lives. At 12 years of age, Sharon and Linda joined the church. Sharon married Page Dupstadt in the church on Spring Street in 1979. Reverend Osborne "Red" Hough presided. Also, a sister, Fern married Warren Haeling on October 8, 1977. Reverend Mason Cosby conducted the service.

Ruby was one of nine people that Francie Burns asked to organize the Bill Burns Scholarship after the untimely death of her husband and our Associate Pastor on November 16, 1984. The other church members included Harry Doe, Dave Young, Ruth Updike, Cal Spratley, Fred Klinefelter, and Doug Fleming. Each served four years on the rotating committee.

Sadly, on August 1, 1999 Joseph Wheeler passed away. His funeral was held at Herndon United Methodist Church.

Ruby has been involved in church activities over the years. She taught 3rd grade Sunday school for ten years from 1958 to 1968, and Bible school each summer. She has been a member of United Methodist Women since 1960, and is still a member of the Mary Martha Circle. Ruby was Supportive Community Coordinator for four years before becoming Coordinator for The Closet in 1974. She has now held that position for thirty years. Ruby still serves on the Church, Society & Missions Ministries committee.

After 32 years, Ruby retired from the Fairfax Police Department. She enjoys volunteer work and continues to take several Bible study classes each year. Ruby enjoys helping the Mary Martha Circle make the famous fresh green Christmas arrangements and delivering one to our church shut-ins each year.

**Herndon United Methodist Church
701 Bennett St.
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Address Service Requested

*October Newsletter Deadline – September 15
You can email your articles to office@herndonunitedmethodist.com*