



Herndon United Methodist Church

February 2005

From Our Pastors

The Hymns/Faith We Sing

Why do we sing the hymns we sing? You'll be glad to know that much thought, care, and prayer go into the selection of the hymns used in our worship services. Here are some of the guidelines our worship planning team uses:

(1) The hymns must relate to the scripture for the day

The message of the scripture is primary. The hymns reemphasize what is proclaimed in the scripture or they respond to the scripture. We utilize *The United Methodist Worship and Music Planner* to help us make these connections between the lectionary texts and hymns.

(2) Various hymn styles need to be utilized so that our singing is inclusive and rich

The Christian Church has inherited a rich heritage of various hymn styles:

- English Church hymns
- German Church hymns
- 19th Century American Gospel Hymns
- Hispanic Hymns
- African-American Hymns
- Contemporary Hymns
- Praise and Worship Songs



Our worship planning team takes care to select hymns from all styles.

(3) The majority of our hymns should be familiar

We try to follow the two to one rule: two hymns should be known by the congregation; one hymn may be new or unfamiliar

(4) Most of our hymns should be sing-able

Some hymns are difficult to sing and so we always ask ourselves: is this too difficult for our congregation, knowing that not everyone can read music? Some difficult hymns are chosen nevertheless because the text of the hymn is so very powerful and no other hymn does as good a job of relating to the scripture for the day. Believe it or not, there are several hymns we have declined to use because they are too difficult. On the other hand, if we happen to find an excellent text but a tough musical setting, then we have another very helpful tool that we can use. Each text has a specific meter; our hymnal has a metrical index; therefore, an easier, alternative tune can be selected, one that matches the meter of the text.

(5) The text of the hymn is the primary criterion for selection

The text is the most important part of the hymn. The music is secondary. We realize that music is not unimportant; music often expresses powerful feelings; but the best music complements/adds emphasis to the text.

(6) The meaning of the placement of the hymns is kept in mind

The first hymn generally focuses on praise, for that is what God's people do when we gather in Christ's name. The second hymn generally is a response to the sermon text for the day. The third or final hymn, generally is selected to carry the congregation forth in ministry and mission, emphasizing the central proclamation for the day.

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Tidbits

♦ *Missionaries in Japan*—Your support for our missionaries in Japan has made a difference! Please continue to support Mike and Marable with your notes, prayers, and offerings in the Mission's Jug. 2005 marks the last year of our covenant agreement. Their address is on the kiosk. Thank you.

♦ *HUMM: Breakfast in West Virginia on Saturday, February 5th*—HUMM will gather at the Mt. Zion Retreat Center in Charles Town, West Virginia on Friday, February 4 and Saturday, February 5. So breakfast on Saturday, February 5 will be at the retreat center and NOT at HUMC. All men of HUMC are encouraged to join your brothers for a Spirit-filled retreat focusing on ways that men communicate with God. For more information about the retreat, please contact Larry Greenfield at 703-759-1527 or John Power at 703-450-2729.

♦ *Helping Hands*—The final total for 2004 was 53 meals delivered and 6 transportation requests met. Thank you everyone. January has been a busy month but you can still volunteer to provide meals or transportation to members of our congregation by calling Joy Reed at 703-437-7584 or jmreed8@juno.com.

♦ *Recycling*—Remember to recycle glass, plastic and metal containers. There is a special container in the kitchen for these items.





The Hymns/Faith We Sing

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(7) God's guidance is sought

We trust that Christ will guide us to select the hymns our congregation will sing

You can see, then, that a lot of work/ministry goes into selecting the hymns we sing on Sundays. We don't restrict our choices to hymns that are familiar or those that only represent one musical style. God also has a word for us in hymns that may be unfamiliar or those of different musical styles. We have a diverse congregation and so we want to use a variety of music styles that reflect our diversity. We sing a little bit of everything and as we do we are making a very significant statement: we care about each other enough to sing everybody's music. On any given Sunday, we may sing something a few people may not like, but over time, as we use a variety of hymns, we will sing something that everybody can like. Even more important than that, as we sing our variety of hymns we are proclaiming our one faith in Christ Jesus that binds us all together.

Blood Drive

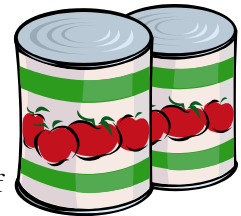
The HUMC-TPC Blood Drive on December 12, 2004 resulted in 48 volunteers, 38 from our church; we obtained 41 units of blood. During 2004 we had a total of four drives and a total of 125 donors from our church. (Many volunteers gave for all of the drives.) For 2005 we are again planning four blood drives. We have tentatively scheduled our first drive on Sunday morning, March 6, and are considering additional drives in June, October and December. Questions? Call Fred at 703/435-0020.



Over 4,000 People Helped Through LINK Holiday Events

During LINK's Thanksgiving and Christmas events:

- 900 total families participated in the food basket event days (comprising over 4,000 men, women and children).
- 52 families received direct delivery to their homes due to illness or handicapped
- 40 walk-in families were supported.
- Families received 5-day allotment of food based on family size.
- More than \$16,000.00 was distributed in grocery gift certificates
- 425 used winter coats and sweaters were distributed
- 50,000 pounds of non-perishable food was collected and distributed
- Churches and civic organizations donated toys valued at \$20,000.00.
- Toys and small gifts were distributed to families comprising over 1,100 children.
- 500 total volunteers supported the weeklong pre-staging and the actual event for both days.
- Numerous foreign language interpreters supported the registration booth and phone lines for both event days to include Spanish and Farsi.
- Scouting for Food programs delivered 24,000 lbs of food and 23 public schools in Fairfax and Loudoun counties provided another 17,000 lbs.



Support Wesley Choir

You are cordially invited to support HUMC's Wesley Choir at the 11th annual Choral Conductors' Guild Choir Festival Concert on **Sunday, February 27 at 7:00PM**. Wesley Choir will present an anthem and will also join a dozen choirs singing under the direction of guest conductor Craig Coutney. Combined anthems will include "Upon This Rock" (Beck), "Worthy to be Praised" (Smith), "A Communion Invitation" (Courtney), "One Faith, One Hope, One Lord" (Courtney), and "I Know That My Redeemer Lives" (Courtney).

Come and support the Wesley Choir. There is no charge for the concert (an offering will be taken).

Location:
Prince of Peace Lutheran Church
8304 Old Keene Mill Road
Springfield, VA
703-451-5855





Herndon/Trinity ESL Program News

Fall Program Roundup

A record 27 students received certificates of completion during the recent ESL graduation. Two students received perfect attendance awards. Two students received attendance awards. One student received the Student Achievement Award. Another student received a Student Suggestion Award for requesting a "Bible School" be held for children while adults are attending the ESL classes. Check out the photographs of the fall program. They are on the CS&M's Bulletin Board across from Anne Harrison's office.

Spring ESL Program Opportunities

Have you wondered what it would be like to interview some of our newest neighbors? Be part of our ESL student registration team and find out. This involves approx. a 2 1/2 hr. commitment from 6:30 pm to 9:00 pm. on Tuesday, March 8. Volunteers are also needed to register students on the first night of class, which is Tuesday, March 15. A sign up sheet will be on the kiosk.

Are you looking for a way to meet Virginia continuing education requirements, find out if teaching is for you, or help our neighbors learn English and daily living skills? We currently have several vacancies on our teaching team for beginning, intermediate, and advanced level teachers. Youth volunteers are welcome. You will be paired with an experienced ESL teacher. This involves 2 1/4 hours of classroom instruction (Tuesday or Thursday) plus classroom preparation time. Instruction materials, supplies, and a teacher orientation session will be provided.

Would you like to be part of a new initiative to provide religious instruction to children (in English) while their parents and relatives are attending the adult ESL classes? We are looking for a few helpers to get this program going.

ESL Classes and the "Bible School" will be held on Tuesdays and Thursdays at Trinity Presbyterian Church from 7:00 PM to 9:00 PM from March 15 through May 19, 2005.

If you are interested in teaching adult ESL classes, or helping with the "Bible School", please contact Pat Simons at 703-481-5361. Thank you for all your prayers.



Prayer Chain

If you or someone you know is in need of persons to be praying for them, please remember our Herndon United Methodist email prayer chain. You may express your need and activate this service through the following ways:

1. Fill out a prayer request form - found on the table in the narthex, on the kiosk and in the attendance notebooks in the sanctuary. Place the form in the box on the table.

2. Phone the church office at 703-471-0627 and share your request with the office manager. She can convey the information to the email prayer chain.

3. Visit the website for the church - www.herndonunitedmethodist.com - and click on "prayer." You will be able to send a request right from the site.

4. Send an email with your request to prayer-chain@herndonunitedmethodist.com. Put "prayer request" in the subject line. **Please note that this is a new address for the prayer chain. Change your address books accordingly.**

We have approximately 50 persons on the email prayer chain list. Each of them is committed to praying for the requests that are made through the prayer chain.

Let us join with you in your prayers and bring them before the throne of our Almighty God.

James 5:16b -

The prayer of a righteous man is powerful and effective.

If you wish to be added to the prayer chain as a "pray-er" please contact the church office.

Allison Harbick



Profiles in Faith Louise Rooney

Louise Rooney, her husband and four children moved to Herndon from Falls Church in March of 1963. They settled in a home on Grant Street. She and her family joined Herndon Methodist Church in the same year.

Louise joined the Mary Martha Circle in 1963 and became active in the Women's Society for Christian Service, WSCS. Sometime in the early 1970's the name was changed to United Methodist Women. Some women laughed at the new name thinking UMW meant United Mine Workers, but they no longer think of that meaning. Louise served as President of the Herndon United Methodist Women for four terms, two years each term.

Louise has great memories of past UMW activities. They had hot dog roasts in Catherine Thompson's back year. For the Mother-Daughter dinners, they had to sell tickets at \$1.00 each because the hall in the old church could only hold 60 – 70 people. They usually had to turn away people. The UMW would purchase the hams and the Executive Board would cook and bring them sliced to the dinner. Each Circle would have an individual food to make, all from the same recipe, and one circle would furnish the desserts.

They had Hat Shows in the spring to raise money for mission needs. They would go into Washington D.C to procure the hats and purses on consignment, and then sell them for a specific amount. They would return any unsold merchandise. They also had a luncheon for all of the UMW members who were over 80 years of age. The firemen across the street brought Mrs. Lucie Linkins up the three flights of stairs on a chair and also took her back down afterwards. It was quite a sight to see!

They put on many wedding for church members. In one case, the parents asked for UMW to make enough food for 150 guests. The reception was held in the Reston Community Center and 450 people showed up. The ladies did well with the food as they always made more than enough in true Methodist fashion, but each person got through the line only once since there were no seconds!

Three of Louise's children were married in the old church on Spring Street. Seven of her ten grandchildren were christened in Herndon United Methodist Church. In addition to her UMW activities, Louise has played in the Bell Choir for about 12 years and enjoyed the music and friendship so very much. She also served two terms on the Staff-Parish Relations Committee.

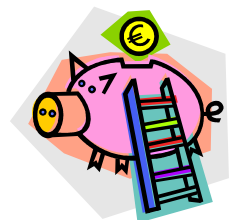
Louise adds that she has had many personal friends from the membership of our church. Some have moved away to other states. It is so good to see them every now and then, but many of her best friends (old and new) are members of Herndon United Methodist Church. She thinks it has always been a very friendly church if you become involved in some manner.



HUMC Does It Again

For the second year in a row, HUMC offerings and other income exceeded \$1 million in 2004. This includes support for the general budget and generous giving to the building fund. When the congregation decided a few years ago to undertake the expensive task of expanding our ministry through a new building project, we knew it would be a financial stretch. We knew this commitment required the congregation to step out in faith. But, the congregation has come through with the necessary financial support. Our Church has been truly blessed. As a result, we have a vibrant Church with a full array of ministries and a major building expansion going on around us. We met our budget goals in 2004 and were able to set aside necessary reserve funds to meet future needs.

The HUMC budget for this year is 20 percent above last year's budget. This is largely because we will be paying a new mortgage to finance construction. After construction is finished late this year, the mortgage payment will go up again considerably for 2006. We will face continued financial challenges as we move forward. But we can begin 2004 with thanksgiving for His financial blessings on Herndon Church last year and with great optimism that we will meet our financial commitments again in 2005.



In Christ,
HUMC Finance Ministry



Herndon Free Clinic

We are into our 3rd year of providing physicals to children of uninsured, low-income families in the Herndon area.

Santa Claus visited our Dec. clinic and handed out treats to the children. In addition to providing physicals we also give school supplies, toothbrushes, books, etc. to the children.

We are in desperate need of school supplies at this time.



There is a container in the narthex for your donations. For those who have been knitting scarfs, hats and

mitten we thank you very much but we now have enough for this winter.

To volunteer, call the clinic voicemail at 703-481-8160, leave your name and phone number, a volunteer will call you back to schedule orientation.

Adult Hypertensive Clinic

The Herndon Free Adult Hypertensive Clinic will find people who have uncontrolled, undiagnosed and untreated cardiovascular disease. Once accepted into this program, the patient will receive a full range of services including lab, EKG, medications, education and counseling on diet and life style changes.

This is another exciting opportunity to volunteer if you are interested in working with adults. Watch for more information in the next newsletter when we hope to be open for business.

Dealing With Grief

Over the past year, the Prayer Ministry at Herndon Church has been sending out a small book to those persons listed in our bulletin as having lost loved ones. We have so far mailed out 27 books. Our prayer is that the books and the information in them has been helpful in the grief journey that these persons have traveled.

The book is called "Good Grief" and is written by Granger Westberg. He was the founder of the parish nurse program.

This small book is an excellent grief resource. All of us will experience some type of loss in our lifetimes. It can be a divorce, a job change, a move or the death of a loved one. This book guides the reader through the stages of grief.



Prayer Ministry in conjunction with Congregational Care Ministries is also including with the book, a brochure about the Stephen Ministry program here at HUMC and a list of books on grief that are available in our church library.

We have tried to reach each person that we know of through the bulletin with one of these books. If you know of anyone we may have missed - or you would like us to send a book to someone grieving a loss - please be in touch with me.

Our prayer is that this book will help to bring persons through the various stages of grief and that they will be stronger in their faith because of it.

God Bless.

Allison Harbick, chair

All the members of Prayer Ministry Committee



Congregational Care

Did you know?

Congregational Care will have a Town Hall meeting on Thursday, February 10 at 7pm in the HUMC Sanctuary? (Hospitality will begin at 6:45pm with actual meeting beginning at 7:15pm) Child care available.

- ◆ That the Prayer/Care Ministry has now changed its name to ***Congregational Care?***
- ◆ That the purposes for this new ministry are to better share and communicate and to grow new care ministries as GOD CALLS AND GIFTS all who will serve?
- ◆ That Stephen Ministry is a part of Congregational Care? (currently preparing to train more Stephen Ministers!)
- ◆ That the Parish Nurse Ministry is also a part of Congregational Care (but needs nurses to organize this into a larger ministry)?
- ◆ That all are welcome to take part in this ministry whether you are a nurse or not--- all health care providers are welcome whether retired or not?
- ◆ All persons (not just health care workers) who have a desire to be Christ's hands to someone in our congregation are welcome to serve through Congregational Care?

Purpose of the Congregational Care Town Hall Meeting is to:

- ◆ Gather information about the care we are sharing with the members of our congregation who have a need
- ◆ Gather ideas about new areas of care that may need to be developed

Who is Invited to Attend this Town Hall Meeting?

- ◆Everyone.....YOU.....Everyone.....YOU
- ◆ Stephen Ministers and Leaders, Helping Hands, Parish Nurse, Card Ministry, College Ministry, Flu Shot Planners, Blood Mobile Planners, Hospitality, UMW, UMM, Transportation providers, Pastors, Staff Members, Prayer Chain members, Prayers, Nurses, Doctors, Paramedics, Social Workers and a special invitation to those who have been the recipients of prayers, care, meals, visitation, etc.....you get the idea....*everyone is invited to attend!!!*

I hope you will plan to attend. I look forward to your ideas and to working with many of you who will want to volunteer in this wonderful ministry. Come, gather information and share your ideas for being Christ's hands in the HUMC community.

Levenia Kibler (703) 471-1108 Email—Levenia@verizon.net



Building Committee Update

Construction is moving along well. By the time you read this, the old building should have a new roof and we will have the soil tests back, hopefully allowing completion of the "pad" and actual construction on the new building to begin. It's been a long month of "dirt work!" (or as I'm told, "soil" when we're paying money for it)



We ask you to continue to be careful as you enter the building, keeping your eye on the rough gravel, uneven plywood and dirty shoes! Construction requirements are never in the order we would like!

We'd like to extend a special thanks to all the trustees and building/finance coordinators who spent countless hours signing dozens of documents and running to many offices to meet ever-changing requests for the loan acquisition. Your time and patience are greatly appreciated.

Please call with any questions or concerns.

Karen Walker for the Building committee

Lay Leader Corner

As your new Lay Leader beginning January 2005, I just wanted to take a moment to introduce myself and to say I'm excited about working with both staff and laity. HUMC is doing great things and is a wonderful place of worship. But I believe by working together, we can make it even better, especially as our new building takes shape and becomes a reality. HUMC is not just my church, and it's not just Pastor David's or Pastor Justin's church – it is our church. Together we can do some pretty great things.

I won't be alone, however – Emily Stover and David Young are the Associate Lay Leaders. We will work closely with Pastors David and Justin, but we will also work closely with each of you. One or more of us will be at each of the three services. Please feel free to contact any one of us if you have any questions or just want to chat.

Blessings On Each of You,

Elise Blough
703-437-6386
ejblough@cox.net



Stephen Ministry Corner

We are beginning our second Stephen Minister training class in conjunction with our brothers and sisters from St. Timothy's Presbyterian Church. This coordinated effort will allow us to expand your Stephen Ministry at HUMC. With a few more of us available, we can better serve you in the congregation. Please pray with us for this new class of Stephen Ministers so that the Lord will appropriately prepare them to begin care relationships after their commissioning in June.

An important aspect of Stephen Ministry which the news class will focus on, is the ability to listen to others. One of your Stephen Ministers, Melissa Billman, offers the following:

Listen Them Through It*



**When the going gets rough...
Listen them through it.**

**When they stop being tough...
Listen them through it.**

**When they fib and tell lies...
Listen them though it.**

**Find the truth in their eyes...
Listen them through it.**

**When Christ's message they hear...
Listen them through it.**

**Guide their steps without fear...
Listen them through it.**

**They'll be secure in God's love...
because you listened them though it.**

“When I first heard about the Stephen Ministry training I felt an urge that this was where God wanted me to serve him for a time. Other commitments that would normally preempt me from accepting the challenge seemed to melt away leaving time to train and ultimately to care for others through Stephen Ministry.

God has given all of us gifts and talents to use for Him. At this time in my life I feel I have been given the gift of being able to listen intently to others. This talent is instrumental for Stephen Ministers. In preparation Stephen Ministry has given a well rounded training in problems or concerns that people may have and ways to support them in their struggle. A big part of the ministry is to listen to the person. To be truly listened to with no distractions is a gift that I can give a person, and then if the situation warrants ideas on how to improve their personal struggle can be discussed.

Prayer is also a powerful tool that is freely given in my personal walk with Stephen Ministry. To be lifted up to God by others is of utmost importance whether there is a definite struggle or just for daily living.

Time, a listening ear, brainstorming, and prayer are a major part of what I have to offer through the Stephen Ministry program.”

Melissa A. Billman

Stephen Ministry is here to listen to those who wish to share their concerns as part of a Christian care giving relationship. Please contact Pastor Justin White through the church office or Shawn Boynton at 703-481-1132 to discuss Stephen Ministry and what we have to offer.

Worship Services

Sundays

9:00 a.m. Worship Service and Nursery
10:30 a.m. Worship Service, Nursery and Child Care

Saturdays

5:30 p.m. Saturday Nite Alive, Worship Service

Church Office:	703-471-0627
FAX Number:	703-471-7758
Preschool Office:	703-435-5688
David Manner	Senior Pastor
Justin White	Associate Pastor
Larry Burke	Director of Music
Teri Napoli	Director of Angel & Cherub Choirs
Anne Harrison	Director of Program Ministries
David Helveston	Director of Wesley Choir
Sarah Hooke	Organist
Deborah Burt	Director of Preschool
Cheryl Brock	Church Secretary/Office Manager
Church Website	http://www.herndonunitedmethodist.com
Prayer Chain	prayerchain@herndonunitedmethodist.com

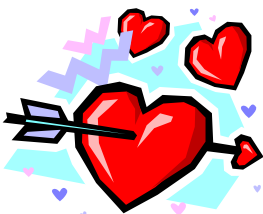
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Profiles in
Faith on
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Herndon United Methodist Church
701 Bennett Street
Herndon, Virginia 20170-3105

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March Newsletter Deadline - February 15th
You can e-mail your articles to: llombo@sigkit.com