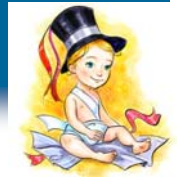




Herndon United Methodist Church



Open hearts, open minds, open doors

January 2007

Methodist Men Meet in January

The January Methodist Men's breakfast will be on Saturday, January 7 at 7:30. Bernadette Villand, the Senior Account Manager for INOVA Blood Services will speak to us about their program and the many ways the blood we donate is used to help people across the area. Ms. Villand will not be accepting donations at the breakfast, so don't be afraid to join us for an interesting program as well as the usual food and fellowship.

The Methodist Men's retreat will be February 2-3 at Mt. Zion retreat Center near Charlestown, WV. If you're interested in joining us please contact Larry Greenfield or email umm@herndonumc.org for more information or to sign up.



Weight Watchers

The enthusiasm and commitment of the group of people in Weight Watchers is amazing! As of this writing, the group had lost **320** pounds. Our leader continues to be overwhelmed by our success. Kim Lucas attended one of our meetings to emphasize the importance of exercise to strengthen our bodies. As part of our celebration of weight loss, the group brought in food items to equal their weight loss to donate to LINK. The devotionals that members are sharing at each meeting are inspiring. If there is anyone still interested in making this commitment and joining our group, call Jackie Parker for more information. (703 450-9442) The current session will last through February 1, 2007.

VIM Meeting, January 21

There will be an adult VIM interest meeting on January 21 at 11:45 am in Doe Hall. Anyone who signed up or is interested in participating in one or more of the adult VIM opportunities in 2007 should come to this meeting. The meeting will be your chance to learn more about each of the mission trips.



Recycling

Please remember to recycle glass, metal and plastic containers in the kitchen. No food or trash, please.



Blood Drive

We are having a HUMC-TPC Blood Drive on December 31, Sunday morning, New Year's Eve at Herndon United Methodist Church. This is a great way to end the year by donating a unit of blood for those in need. All who are able to donate please sign up at our kiosk. Questions: phone Fred K. at (703)435-0020.





LINK Update

Thank you for your steadfast support of LINK. Please continue to bring food for our bins. We can always use cereal, peanut butter, jelly, soup, rice, tuna, and macaroni and cheese. We are also in need of some clean, plastic grocery bags for packing.



Mark your calendars for the January 7th Spring Youth Kick-Off meeting, for PARENTS and YOUTH.

You will hear about the events and programs coming up, and the meeting will be topped off by some fun parent/youth activities.

Baby Layette Ministry

The Katie McGuire Circle is requesting donations of items for baby layettes which will be assembled at their March 12, 2007 meeting. In particular, "onesies," sleepers, outfits, socks, undershirts, disposable diapers, hats, receiving blankets, baby toys, and rattles are especially needed. Preferred sizing would be for babies 0 - 6 months, or infant/newborn. Lightly used items along with new items are appreciated. So feel free to clean out closets, and to take advantage of clearance sales. The items may be dropped off in a collection bin located at HUMC in the coat closet. Your generosity is greatly appreciated since the need for layettes has increased—Northern Virginia Family Service expanded its service area beyond Herndon to also include Sterling. Thank you so much for your continued support of this mission project.



Yarn and Thread (aka Needl-ers & Hook-ers)



Mark your calendars, **January 20th, February 17th and March 17th**. We have a Fellowship Ministry for those who would like to learn how to **Knit or Crochet** or do **various types of NeedleWork**. We need those who would like to **teach** and those who would like to **learn**. This is a multi generational fellowship.

Several projects that will benefit from these hand crafts will be scarf's and hats for the **Herndon Free Clinic**, prayer shawls, caps for **Cancer Victims**, baby blankets, or maybe hats for House Elves.

We have plenty of supplies to get you started.

- When: **The THIRD SATURDAY** of each month (**January 20th is our next meeting**)
- Where: Herndon United Methodist Church, 701 Bennett Street, Herndon, VA 20170
- Time: **9:00 AM to 11:00 AM.**

More info??? Contact Anne Harrison 703-471-0627 or Janice Coon at JaniceCoon@cox.net



Grief is a Process.....

All of us have **given love to** and **received love from** someone we have since lost. When this loss occurs a new life journey begins. For many it is helpful to have a close friend, counselor, network or support group to help us walk this grief and mourning journey. If you find yourself in this walk whether it be a recent loss or a past one, and are feeling the need to express your feelings or just sit and listen, HUMC may have an outlet for you. For approximately 8 weeks beginning on an evening in February (specific day and time TBA) a "Grief Support Group" will meet to learn more about grief and mourning and the special needs we have during this on going process. The group will be led by laity and ministers from HUMC. Everyone has a unique path through this journey so the meetings will use different approaches throughout the course to try and meet the needs of all. Quoting one of the authors (Alan D. Wolfelt, *Healing Your Grieving Heart*) whose book will be used at times in the course, **"It is in having the courage to care for our own needs that we discover a fullness to living and loving again"**.



Use a little of this courage to join us in February! Contact Melissa Billman, 703-421-1104, for more information

Troop 157 News

With the start of the holidays, Troop 157 has been busy with the Christmas tree sales. This year we were located in the back parking lot behind H.U.M.C. and opened weekdays from 6:00pm to 9:00pm, 9:00am to 9:00pm on Saturdays, and 12:00pm to 6:00pm on Sundays. We enjoyed seeing many of our regular customers. Thank you for your support.

After December the troop will be resuming its regular camping schedule. In January we will be going on our annual ski trip. In February we will be going on our wimperee. If you are interested in visiting our meetings are held every Tuesday night from 7:30pm-9:00pm. See you next month!

Being Good Neighbors...

HHS and Herndon United Methodist Church continue to foster their formal partnership with programs benefiting the students. Wednesday night tutoring at the church [6:45-8PM] covers a variety of subjects, including Chemistry, Biology, English, Math, and Languages. Students should bring their textbooks with them. The HHS Keyettes provide refreshments for these sessions.

The first of three honor roll receptions was held on December 4, with HUMC sponsoring and serving refreshments for over three hundred students, as well as many parents. (The next one is scheduled for February 26, 2007.) And HHS Madrigals continued their tradition of providing an annual Christmas concert at the church on December 16.

Have you noticed the HHS website now has a box dedicated to the cooperative efforts of Herndon High and Herndon United Methodist Church? Be sure to check it out, to see the latest information. We will continue to include a paragraph in newsletters, as well. Questions? You may contact Lorraine Lappan at lmlappan@verizon.net or call Pastor Ashley at the church (703)471-0627.



Worship Services

Sundays

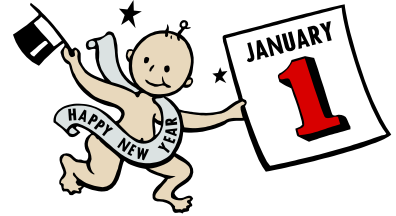
9:00 a.m. Worship Service and Nursery
10:30 a.m. Worship Service, Nursery and Child Care

Saturdays

5:30 p.m. Relax and Renew, Casual Worship at HUMC

Church Office:	703-471-0627
FAX Number:	703-471-7758
Preschool Office:	703-435-5688
David Manner	Senior Pastor
Justin White	Associate Pastor
Ashley Mitchell	Youth Pastor
David Helveston	Director of Music
Patrick White	Associate Music Director
Anne Harrison	Director of Program Ministries
Sarah Hooke	Organist
Deborah Burt	Director of Preschool
Cheryl Brock	Office Manager
Church Website	http://www.herndonumc.org
Prayer Chain	prayerchain@herndonumc.org

*Have a Blessed
New Year!*



Herndon United Methodist Church
701 Bennett Street
Herndon, Virginia 20170-3105

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February Newsletter Deadline—January 15th
You can e-mail your articles to: LisaLombo@signaturecos.com